



## BTEC National Diploma & Certificate in Sport

**BTEC National Diploma in Sport (Development, Coaching and Fitness)** equivalent to three A levels.

**BTEC National Certificate in Sport (Development, Coaching and Fitness)** equivalent to two A levels.

Students can combine this course with an additional A level of their choice.

**Both courses run for two years.**

### Requirements:

The College minimum to start an advanced level course is one grade B and four grade Cs at GCSE. Students wishing to undertake this course require grade C in GCSE English Language.

### This subject will focus on:

- the body in action;
- health and safety in sport;
- sports nutrition;
- psychology for sport;
- exercise for specific groups; and
- training and fitness for sport.

### You can expect to:

- take part in presentations, role plays, organising events and a residential visit;
- complete written assignments;
- visit and study businesses;
- attend a work placement in the industry and develop your skills for employment; and
- complete additional industry qualifications such as CSLA, NGB Coaching qualifications.

### Method of assessment:

Assessment is by coursework. The BTEC National Diploma is comprised of 18 units and the BTEC National Certificate is comprised of 12 units.

### Progression:

These courses provide opportunities to progress to Higher Education such as HND or Degree programmes or follow pathways into employment within of the many areas of the Sports industry, such as personal training, sports coaching, Sports Development Officers, Leisure Centre Management etc.

### Other information:

You will be expected to take part in educational visits in the UK and a residential visit as part of the course. In 2007, a number of students progressed onto Higher Education undertaking a variety of courses such as Sport and Leisure Management, Sports Therapy and Physical Education Teaching.

Achievement rate for this subject is 100%

### Success at Havering Sixth Form College:

Vicky Cooper (ex Albany) gained a double distinction in the BTEC National Certificate in Sport and is now studying to be a PE teacher and plays football for West Ham.

Mark Mayor (ex Hall Mead) achieved a double distinction in the BTEC National Certificate in Sport and grade B in PE at A level. He is now at university studying PE.

Stuart Boyling (ex Abbs Cross) progressed from Level 1 to Level 3 and is now a Hockey Sports Development Officer.